

### WOUND CARE: LIQUID NITROGEN THERAPY

- During your treatment, you probably felt a stinging or burning sensation. This usually lasts only a short time (about 5 minutes). Occasionally, a throbbing sensation may be felt for one or two hours following treatment. This is most common on fingers, toes, eyelids and lips. You will notice redness and swelling within minutes after treatment.
- Clean the treated area(s) daily like you would normal skin, with mild soap and water. Do not rub or scrub the area(s). You do not need to keep the treated area(s) covered with a Band-Aid; however, you may apply Vaseline several times throughout the day to keep the area moist as it heals.
- Blistering may occur 1-2 days after treatment. Blisters may be filled with clear fluid or blood, which will give a blue or violet appearance, but they will usually flatten out in 1-2 weeks. **THE ABSENCE OF BLISTERING DOES NOT MEAN THE TREATMENT DID NOT WORK.**
- If a blister becomes painful, a needle that has been sterilized with rubbing alcohol may be used to puncture the top. After puncturing a blister, press gently on the top to remove the fluid. Leave the top of the blister intact and it will act as a natural Band-Aid. Clean the area daily with mild soap and water.
- Possible side effects from liquid nitrogen therapy include a lighter or darker coloring of the skin in the area treated. This color change within the skin may or may not resolve over the months following treatment.
- Warts treated with liquid nitrogen therapy will often need repeated treatments to be completely removed. Treatments are typically required every two to three weeks.
- You should call our office if the treated area becomes red, swollen, warm to the touch, painful, or has increased drainage 3 or 4 days after freezing. These are signs of infection and may require antibiotics for resolution.
- If you feel you have an emergency, please call us at 704-235-1827.

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