



Post-Treatment Instructions

Rejuvapen

Your skin may remain slightly numb for the 1-3 hours following your appointment. After the numbness wears off, the skin may feel warm and/or tight and may look sunburned for 1-3 hours following the procedure. Tiny red dots on treated skin, should you notice them, typically resolve in 24-48 hours.

Avoid strenuous exercise and becoming over-heated or exposing treated skin to extreme temperatures on the day of your procedure. Exposure to sun is to be **strictly** avoided on the day of your procedure and for 2 days thereafter. Daily use of mineral-based, broad spectrum UVA/UVB sunscreen that contains zinc is strongly recommended.

A collagen-stimulating peptide gel and a healing copper cream were applied to your skin following the procedure; avoid touching it for the remainder of the day. You do not need to wash treated skin until the day following treatment and should do so gently using a mild cleanser. Apply the moisturizer provided, which contains collagen-stimulating peptides and stem cells, twice daily beginning the day after your procedure. We recommend using a physical sunscreen that contains zinc, both for broad-spectrum UV protection and for the healing benefits of topically applied zinc. If your face was treated, you may wear mineral makeup beginning the day after your procedure.

Do not use any product containing alpha or beta hydroxy acids, glycolic acid, salicylic acid, retinol, or Retin-A for 3 days following your procedure. A pH balanced vitamin C serum may be used on the day following your procedure and thereafter.

It is not uncommon for more aggressively treated areas to flake or peel. This typically resolves within 2-3 days. Most clients notice an improvement in skin texture within one week. The development of collagen takes 6-8 weeks thus significant improvement in fine lines, wrinkles, acne scars, or stretch marks is not seen for approximately 2 months.

A series of 4 collagen inductions with Rejuvapen, performed 4-6 weeks apart, is recommended for optimum results. Thank you for the opportunity to provide care for your skin concerns. We take pride in bringing you cutting edge technologies without cutting any corners. If any questions or problems arise, contact us at 704.235.1827.